



Parent, Carer and Relative attendance at training.

Parents, carers, relatives and friends are very welcome at training sessions and competitions, and if you are able to help when asked we are very grateful for the support.

We need to ensure we meet our duty of care and health and safety responsibilities at training and would ask that anyone attending follows these guidelines:

- ✓ Spectate from the outside of the track and keep clear of throw and jump areas.
- ✓ Do not distract athletes or coaches during the session. Coaches need to have control of the activity and the attention of all the athletes. If something is urgent then speaking to a coach is an exception.
- ✓ Please don't try to coach your child during the session.
- ✓ If you need to speak to your child, please ask the coach beforehand.

We can only fulfil our safeguarding requirements if all athletes remain with the coaches and only leave the area with the agreement of the coach. Athletes cannot leave training until they are told the session has ended. If you must leave with your child during training, you must speak to the coach before they leave the session.

Our session times are 9.30 –11.00 for U11 and 10.00-11.45 for older athletes. Please make sure your child is being collected as the session ends. Older athletes can make their way home or wait for you, but we cannot leave younger athletes alone waiting in reception or the car park. Please collect U11s from the training area, as coaches are coaching older athletes after the junior session.

We do want you to see your children participating, but I hope you agree that these guidelines will ensure athletes train in a safe and managed situation.

Ian

Chair, Club Steering Group.