

**WENLOCK OLYMPIANS  
ATHLETIC CLUB**

**Membership Information**



The Club is affiliated to the Wenlock Olympian Society and is registered with England Athletics and Shropshire Athletics Association

## WENLOCK OLYMPIANS ATHLETICS CLUB

The athletics club is affiliated to the Wenlock Olympian Society, which has historical connections with the Modern Olympic Movement, and upholds the tradition of competitive involvement in sporting and arts pursuits. The club is registered with England Athletics and both the Shropshire and Midland Counties Athletics Associations. Members aged 11 and over are registered with England Athletics.

### Club Officials

<b>Coordinator:</b>	Ian Dadswell
<b>Coaches:</b>	Andy Fawcett, Camilla Stewart, James Cameron, John Beard.
<b>Officials:</b>	Ian Dadswell, Linda Dadswell, Dick Langford.

The club currently has coaches with Level 1 and 2 coaching awards, and a number of assistant coaches. Young coaches with, or studying for, Assistant Coaches awards or young coaches taking Duke of Edinburgh awards may assist on occasion under supervision. All qualified coaches are police checked as part of the qualification process.

### GENERAL INFORMATION

The club caters mainly for children aged 9 - 17yrs. Adult members are welcomed but no coaching sessions are currently available for adults. The club is based at Linden Fields in Much Wenlock and shares facilities with William Brookes School. The aims of the club are to introduce young people to athletics; to develop and improve athletic skills; to foster team ethos, and to encourage athletes over 9yrs to represent the club in competition. We take part in local competitive leagues within Shropshire and Telford and Wrekin and provide an opportunity for athletes to be selected to compete at county level and open competitions.

### TRAINING and COMPETITIONS

**An athlete may only compete as a Wenlock Olympian if they are a current registered member.**

Training sessions are currently run year-round on Saturday mornings, except during main school holidays and Thursday evenings throughout the year. The club competes in the Shropshire Young Athletes League, National Young Athletes League, and promotes other competition entries.

## **Winter Programme**

**Training:** Meet at the Much Wenlock Leisure Centre sports hall

Mid-September – April:

### ***U11 and under***

Saturday 09:00 – 10:00 followed by endurance running 10:00 – 10:30

### ***Older athletes***

Saturday 10:00 – 11:00 followed by endurance running 11:00 – 11:30

### ***All athletes***

Thursday 18:00 – 19:00 endurance running

## **Competitions:**

Shropshire Young Athletes Sports Hall League: 4 meetings on Sunday afternoons throughout the winter.

County Sports Hall Championships at Much Wenlock in March.

Regional Sports Hall events and championships for selected athletes.

Shropshire Young Athletes Cross Country League: 4 meetings on Sunday afternoons from

September-December.

Other cross-country events as arranged

## **Summer Programme**

**Training:** Meet at the athletics track, Much Wenlock Leisure Centre

April – mid-September:

### ***U11 and under***

Saturday 09:00 – 10:30

### ***Older athletes***

Saturday 10:00 – 11:30

### ***All athletes (U11 by invitation)***

Thursday 18:00 – 19:00 endurance running

## **Competitions:**

Shropshire Young Athletes League: 4 meetings on Thursday evenings from April - July.

County Championships and other open events as advised.

Wenlock Olympic Games in July.

# WENLOCK OLYMPIANS ATHLETIC CLUB

## CO-ORDINATOR

Ian Dadswell

WOAC, 54 Crews Park,

Broseley Wood,

Shropshire. TF12 5QQ

Tel: 01952 882848

E-mail: [iandadswell@f2s.com](mailto:iandadswell@f2s.com)

## MEMBERSHIP

**Pete Stewart**

**The Old Thatch**

**10 Harley**

**SY5 6LP**

**Tel: 07736 73790**

**E-mail: [WOACMembership@outlook.com](mailto:WOACMembership@outlook.com)**

## Conditions of Membership

We aim to encourage and develop athletes within a small, friendly club. We must, however, ensure the safety and security of all members. Membership therefore requires that the following conditions are accepted before membership can be agreed. Your signature on the membership form confirms that you have read and agreed to these conditions.

**Fees:** Junior Membership is currently £17.00 per year with a monthly standing order of £8.00 payable at the start of each month. We aim to keep these costs as low as possible in order to ensure that the sport and training remains accessible to all. This includes EA affiliation for U13 and older.

**Kit:** All athletes competing for the club must wear the club kit, which is a **club vest and black shorts, trousers or leggings** (a club t-shirt can be worn under the club vest, but not instead of it). The club sells running

vests, t-shirts sweatshirts and hooded tops. We do not stock shorts as you will probably be able to buy them at a better price. Lycra crop tops can be ordered directly – please ask for details. For cross-country and the summer season athletes wear running spikes. Please ask for advice on this. We sometimes have pairs available as athletes grow out of them.

**Competitions and Training:** We are not able to involve all athletes in competition but look to invite as many as possible to participate. It is expected that if an athlete is invited to compete, they will arrive in time to warm up and enter. If they are not able to compete, they must let their team manager know in good time to allow the selection of another athlete. All athletes should compete in at least one competition during the year. This may need to be at an open event if they are not selected to compete for the club.

The athletics club is run by volunteers who commit a lot of time to providing this opportunity for young people. While we realise that not all athletes may wish to compete, it is expected that competitions will be fully supported by athletes and their parents/carers, enabling the club to field full teams. Please note the dates of competitions as soon as you receive them. Membership assumes the athlete will attend training and enter competitions when asked. There are always circumstances that will mean they are not at training or able to enter, but we ask that you let us know.

**If an athlete is not at training for more than 3 weeks or is not able to compete when asked for two events, their membership may be cancelled. We have a limit on the number of athletes we accept in each age group, and there is a waiting list. It is unfair on the people who wish to become members if a place in the club is not being used effectively. Please notify us if an athlete cannot train or compete, or if they no longer wish to be involved with the club.**

**Moving Clubs.** Once an athlete is registered with a club, they cannot compete for another club unless this has been agreed, following a set procedure. Please ask for details if this situation is likely to arise.

All athletic training requires discipline to ensure the safety of all involved. Whilst the club will take all appropriate care to ensure that accidents do not happen, the Club cannot necessarily be held responsible for any loss, damage or injury suffered to athletes. During training sessions and competitive events, the following must apply:

- All children will be expected to follow basic levels of discipline. Any child who persists in misbehaving, disrupting training sessions and thereby endangering others or using bad language may be excluded from the club. Parents and carers may be asked to be present for the sessions if coaches have any concerns. Athletes must follow instructions given by coaches or club officials.
- Parents/carers must notify a club official before the child's first session of any disability, illness or injury that may be relevant to the training session/s e.g. asthma, hay fever, epilepsy, deafness, vision impairment, movement restrictions, allergies etc.
- Parents/carers are responsible for confirming that their child is in good health, capable of taking part in athletics generally and is fit to undertake any specific session. Athletes arriving to participate in any training session will therefore be assumed by the Club to be fit to take part.
- Athletes with disabilities/special needs are welcome to participate in athletics providing they are fit to do so and can follow instruction. If parents/carers have any concerns over their child's participation, they are welcome to stay throughout the training session.
- Athletes will attend training sessions regularly unless an alternative arrangement has been agreed.
- Athletes will arrive ready for the start of the training sessions. All sessions start with a warm-up, and an athlete will not be able to join in without this.
- Coaches make all decisions regarding training.

### **Data Protection.**

The club holds the information you supply on a database. Your information use is controlled in line with the club constitution. Externally your data will only be provided to England Athletics for registration and name, gender and age group to event organisers for competitions an athlete participates in. Results may be published by these organisers.